

Norwich Pagan Moot's Online Ritual for the Coming of Spring

Saturday 1st February 2026 at 7pm

A bell is rung to create the sacred space.

Calling the Elements

Air:

Element of Air, blessed spirits of the East and of the Springtime, we ask for your presence and protection at our ritual. You who are our first breath and our last, our inspiration, the perfume on the breeze, the words we speak, be with us now. We bid you hail and welcome.

Fire:

Element of Fire, blessed spirits of the South and of the Summer, we ask for your presence and protection at our ritual. You who are the blazing Sun, the warming hearth fire, the light betwixt the horns and the divine spark within, be with us now. We bid you hail and welcome.

Water:

Element of Water, blessed spirits of the West and of the Autumn, we ask for your presence and protection at our ritual. You who are the raging seas, the deep dark pools, our tears, our laughter and our love, be with us now. We bid you hail and welcome.

Earth:

Element of Earth, blessed spirits of the North and of the Winter, we ask for your presence and protection at our ritual. You who are the ground beneath our feet, the fertile soil, our health, our wealth, our firm foundation, be with us now. We bid you hail and welcome.

Calling the Lord and Lady of Norfolk

Lord of Norfolk:

*Protect us from harm, from plague, famine and fear.
With grey blade and antler, you craft and you build.
Teach us, like you, to be powerful and skilled.
In your blue Summer skies, let us fly with the lark,
And in sweet, sacred darkness, we'll kindle your spark.*

Lady of Norfolk:

*Lady of Norfolk, white chalk on the sand,
Step out from the sea to bring love to our land.
Let your sheep bring us wool, for warmth, beauty and wealth,
As the Earth and her creatures are blessed with good health.
Pray nurture the herbs, fruits and flowers that we sow,
And like them, in your care, let us flourish and grow.*

Purpose

The purpose of this ritual is to honour the season of renewal, of light and of new growth, to journey to meet the goddess of this time and to receive her blessings for the coming Spring.

Offerings

Seasonal offerings/thoughts are presented by Alice, Lisa, Val, Chris and anyone else present who wishes to contribute a few thoughts, a poem, a song etc., or to show something they have created or grown for the occasion.

A Journey

A short pathworking through the gateway to the Spring to find the Goddess of this time. There will be pictures to look at during the journey or if you prefer, you can close your eyes and follow this as a ‘normal’ pathworking. When we reach the place of the goddess, there will be time for you to listen to her wisdom and to make any requests for the assistance you need.

Communion

We ask a blessing on this food and this drink. May it refresh, nourish and sustain us as the light increases.

Farewells

It is now time to bid farewell to those beings we have called and to thank the Goddess of the Spring for her presence and for her continued blessings as the season unfolds.

Lady of Norfolk:

Lady of Norfolk, we give thanks for your presence and protection at our rite and ask that you leave with us your blessing, even as we bid you Hail and Farewell.

Lord of Norfolk:

Lord of Norfolk, we give thanks for your presence and protection at our rite and ask that you leave with us your blessing, even as we bid you Hail and Farewell.

Earth:

Element of Earth we give thanks for your presence and protection and ask that your blessing remain with us, even as we bid you Hail and Farewell.

Water:

Element of Water, we give thanks for the presence and protection and ask that your blessing remain with us, even as we bid you Hail and Farewell.

Fire:

Element of Fire, we give thanks for the presence and protection and ask that your blessing remain with us, even as we bid you Hail and Farewell.

Air:

Element of Air, we give thanks for the presence and protection and ask that your blessing remain with us, even as we bid you Hail and Farewell.

We now return this space and ourselves to the mundane world.

The bell is rung.

The rite is at an end.

All Clap.